

2012

24th ANNUAL CAMP

2012

MANSFIELD HIGH SCHOOL-DIV. 2 SUPER BOWL CHAMPS-2010

HOCKOMOCK LEAGUE CHAMPIONS 1989, 1992, 1994, 1996, 2001, 2003, 2004, 2005, 2006, 2007, 2010, 2011

“COMPETE WITH CLASS AND PRIDE”

HORNET FOOTBALL CLINIC

FOR STUDENTS ENTERING GRADES 4 THROUGH 9 IN FALL OF 2012

WHERE: MANSFIELD HIGH SCHOOL (FIELD TO BE ANNOUNCED DUE TO NEW FIELD TURF INSTALLATION)

WHEN: MONDAY, JULY 16th TO THURSDAY, JULY 19TH 8:30 AM-12:00 PM

WHO: STUDENTS ENTERING GRADES 4 THROUGH 9 IN THE FALL OF 2012

CAMP FEE: FEE OF \$75.00 PER PERSON INCLUDES FOUR DAYS OF INSTRUCTION AND AN OFFICIAL MHS FOOTBALL HOCKOMOCK CHAMPION T-SHIRT IF REGISTERED BY JUNE 24th
FAMILY RATE OF \$120.00 FOR TWO OR MORE CAMPERS

PLEASE MAKE CHECK PAYABLE TO: MICHAEL D. REDDING

STAFF: DIRECTOR, MICHAEL REDDING, HEAD FOOTBALL COACH, MANSFIELD HS
TWELVE HOCKOMOCK LEAGUE CHAMPIONSHIPS, SIX SUPER BOWL CHAMPIONSHIPS
FORMER PLAYER AND COACH AT HOLY CROSS COLLEGE

ASST. DIRECTOR, TIM SELMON, VARSITY OFFENSIVE/DEFENSIVE LINE, MHS
ASST. DIRECTOR, MARK DEGIROLAMO, VARSITY RUNNING BACKS/LINEBACKERS, MHS
ASST. DIRECTOR, BRYAN FRASER, HEAD FRESHMEN FOOTBALL COACH/VARSITY WRESTLING

2012 CAPTAINS: ROB RAPOZA, KEVIN MAKIE, ANTONIO MEDEIROS,
WILL PALANZA, BRIAN SPILLANE

SENIOR PLAYERS ON THE 2012 MANSFIELD HORNET FOOTBALL TEAM

TYPICAL DAILY SCHEDULE:

8:15-8:30	AM	ARRIVE AT MANSFIELD HS (FIELD TO BE ANNOUNCED)
8:30-8:45	AM	CAMP STRETCH, FORM RUN AND AGILITY DRILLS
8:45-9:00	AM	SPECIAL TEAMS (KICKING,PUNTING,RECEIVING,SNAPPING)
9:00-9:45	AM	OFFENSIVE SKILLS (PASSING/RECEIVING/BLOCKING/RUNNING)
9:45-10:00	AM	WATER BREAK/LECTURE BY SPEAKER
10:00-10:45	AM	DEFENSIVE SKILLS (STANCE/PURSUIT/TACKLING/COVERAGE)
10:45-11:35	AM	7 ON 7 PASSING GAMES (COLLEGE 4-6, NFL 7-9)
11:35-11:55	AM	TEAM/INDIVIDUAL COMPETITIONS
11:55-12:10	PM	CAMP MEETING/AWARDS/PARENT PICK-UP BEHIND GYM

EQUIPMENT: PLAYERS SHOULD ARRIVE DRESSED IN T-SHIRT, SHORTS, WHITE SOCKS AND CLEATS. SNEAKERS MAY ALSO BE USED ON THE NEW FIELD TURF SURFACE. WE WILL NOT WEAR EQUIPMENT, BUT MOUTHPIECES ARE HIGHLY RECOMMENDED. ICE WATER WILL BE PROVIDED TO THE PLAYERS BUT THEY MAY ALSO BRING ADDITIONAL DRINKS. JEWELRY, SUCH AS CHAINS OR EARRINGS, IS NOT ALLOWED. CAMP IS PEANUT-FREE. PLEASE AVOID ANY SNACKS THAT CONTAIN NUTS OR PEANUT BUTTER.

PLEASE SEE OTHER SIDE FOR IMPORTANT INFORMATION, REGISTRATION FORM AND MAILING INFORMATION. THANKS FOR YOUR COOPERATION!

MHS FOOTBALL 1990-PRESENT : A TRADITION OF EXCELLENCE—CHAMPIONS ON AND OFF THE FIELD!

GRADUATING CLASSES TO WIN HOCKOMOCK LEAGUE CHAMPIONSHIPS

1990 1991 1992 1993 1994 1995 1996 1997 1998 1999 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011, 2012

OVER 78% OF THESE PLAYERS EARNED ACADEMIC HONORS AT MHS AND OVER 97% ATTENDED COLLEGE

GOALS OF THE CAMP: PLAYERS WILL BE INSTRUCTED IN THE FUNDAMENTALS OF THE GAME OF FOOTBALL IN A POSITIVE AND ENJOYABLE ATMOSPHERE. THEY WILL LEARN THE TECHNIQUES OF BLOCKING, RUNNING, TACKLING, PASS RECEIVING, PASSING AND STANCES. THE PLAYERS WILL BE INTRODUCED TO BASIC PLAYS ON OFFENSE AND BASIC DEFENSIVE STANCES AND ALIGNMENTS. THE CAMP IS OPEN TO ALL LEVELS OF EXPERIENCE AND THE EMPHASIS IS ON LEARNING, SAFETY, IMPROVEMENT AND ENJOYMENT. NO PREVIOUS FOOTBALL EXPERIENCE IS NECESSARY! TEAMWORK AND A POSITIVE ATTITUDE ARE ALSO A MAJOR FOCUS OF THE CAMP PHILOSOPHY. WE WANT THESE PLAYERS TO LEAVE THE CAMP WITH A SOLID FOUNDATION OF KNOWLEDGE TO BEGIN THEIR HIGH SCHOOL CAREERS WHEN THEY REACH THE FRESHMEN LEVEL!

ADDITIONAL QUESTIONS ??? CALL HEAD COACH MIKE REDDING AT MHS 261-7540, EXT. # 3167

**PLEASE CLIP REGISTRATION FORM BELOW AND MAIL TO: HORNET FOOTBALL CAMP
C/O MIKE REDDING
MANSFIELD HIGH SCHOOL
MANSFIELD, MA 02048**

2012 MANSFIELD HIGH SCHOOL HORNET FOOTBALL CAMP FOR GRADES 4 THROUGH 9 REGISTRATION

NAME _____ AGE _____ GRADE (FALL '12) _____

ADDRESS _____ HOME PHONE _____

E-Mail Address _____

T-SHIRT SIZE (PLEASE CIRCLE ONE) SMALL MED. LARGE XL XXL (ADULT SIZES)

EMERGENCY NAME AND PHONE (8:00 AM-12:00 PM) _____

NAME OF HEALTH INSURANCE PROVIDER _____

**The above named has my permission to participate in the Mansfield Hornet Football Camp. I understand and accept the condition that Mansfield High School, the Camp Directors or any other member of the staff will not be liable for accidents and medical expenses that are incurred as a result of participation in this program. I further release the Mansfield Public Schools against any and all claims.

SIGNATURE OF PARENT/GUARDIAN _____ DATE _____

DOES YOUR SON HAVE A MEDICAL CONDITION OR ALLERGIES? _____

PLEASE MAKE CHECK PAYABLE TO: MICHAEL D. REDDING (\$75.00 PER PLAYER/120.00 FAMILY RATE)

WE LOOK FORWARD TO SEEING YOU ON MONDAY, JULY 16TH AT 8:30 AM AT THE 24TH ANNUAL HORNET FOOTBALL CLINIC AT MANSFIELD HS. **YOU WILL RECEIVE CONFIRMATION OF REGISTRATION IF YOU PROVIDE AN E-MAIL ADDRESS.** YOUR CANCELLED CHECK WILL SERVE AS YOUR RECEIPT OF PAYMENT. REMEMBER TO REGISTER BEFORE JUNE 24TH TO GUARANTEE YOUR SON HIS EXACT T-SHIRT SIZE. THANKS FOR YOUR COOPERATION!

GO HORNETS !!